

Jewish Values for Growing Outstanding Jewish Children

compiled by Ilene Vogelstein (posted with permission at BibleBeltBalabusta.com)

MITZVAH	TRANSLITERATION	HEBREW TERM	WHEN YOU CAN REFER TO IT
Bringing Peace Between People	<i>Hava'at Shalom Bayn Adam L'Havero</i>	הבאת שלום בין אדם לחברו	When children are sharing after settling an argument
Clothing the Naked	<i>Malbish Arumim</i>	מלביש ערומים	Clothing drive
Common Courtesy - Respect	<i>Derekh Eretz</i>	דרך-ארץ	When children show respect for each other as in letting a child get in line
Do Not Destroy Needlessly	<i>Bal Tashheet</i>	בל תשחית	Ecology; destroy property, toys, nature
Kindness to Animals	<i>Tza'ar Ba'alay Hayim</i>	צער בעלי חיים	Feeding the class pet Putting a bug outside instead of stepping on it
Repairing the World	<i>Tikkun Olam</i>	תקון עולם	Recycling
Honoring the Elderly	<i>Hiddur P'nay Zakayn</i>	הדור פני זקן	Making cards for seniors
Return of Lost Articles	<i>Hashavat Avaydah</i>	השבת אבדה	When a child finds something that is not theirs and returns it to its owner
Study	<i>Talmud Torah</i>	תלמוד תורה	Telling Bible or holiday stories
Truth	<i>Emet</i>	אמת	When a child tells the truth
Visiting the Sick	<i>Bikkur Holim</i>	בקרור חולים	Calling on or making cards for sick friends, classmates or relatives
Welcoming Guests	<i>Hakhnasat Orhjim</i>	הכנסת אורחים	Shabbat Ema and Abba Invite guests (i.e., another class)
Cheerfulness	<i>Sayver Panim Yafot</i>	סבר פנים יפות	Greeting someone with a smile When children are happy and smiling, especially after an incident when a child was sad
Comforting Mourners	<i>Nihum Avaylim</i>	נחום אבלים	Visiting a <i>shiva</i> house
Do Not Covet	<i>Lo Tahmode</i>	לא תחמד	Hoarding toys
Guard Your Tongue	<i>Shmirat Halashon</i>	שמירת הלשון	Not calling other children names
Watching What You Say			
Gossip	<i>Lashon Hara</i>	לשון הרע	
Polite Speech	<i>Dibur B'nimus</i>	דבור בנמוס	
Shaming	<i>Boshet</i>	בשת	
Slander	<i>Rekhilus</i>	רכילות	
Honor Parents and Teachers	<i>Kibbud Horim u'Morim</i>	כבוד הורים ומורים	Doing something special for parents and/or teachers
Peace in the Home/ Classroom	<i>Shalom Bayit/Keetah</i>	שלום בית/כתה	Sharing toys/markers
Righteous Deeds	<i>Gemilut Hasadim</i>	גמילות חסדים	When a child goes out of his/her way to help another
Righteous Justice (Charity)	<i>Tzedekah</i>	צדקה	Weekly charity Food and clothing drives
Respecting the Poor	<i>K'vod He-ahnee</i>	כבוד העני	Giving money to homeless

"For each of these *midot* and *mitzvot* you can simply say: [child's name], what a wonderful example of (*mitzvah*)."
©"Machon L'Morim B'reshit" Reprinted with permission of "Machon L'Morim B'reshit," Ilene Vogelstein, Director.